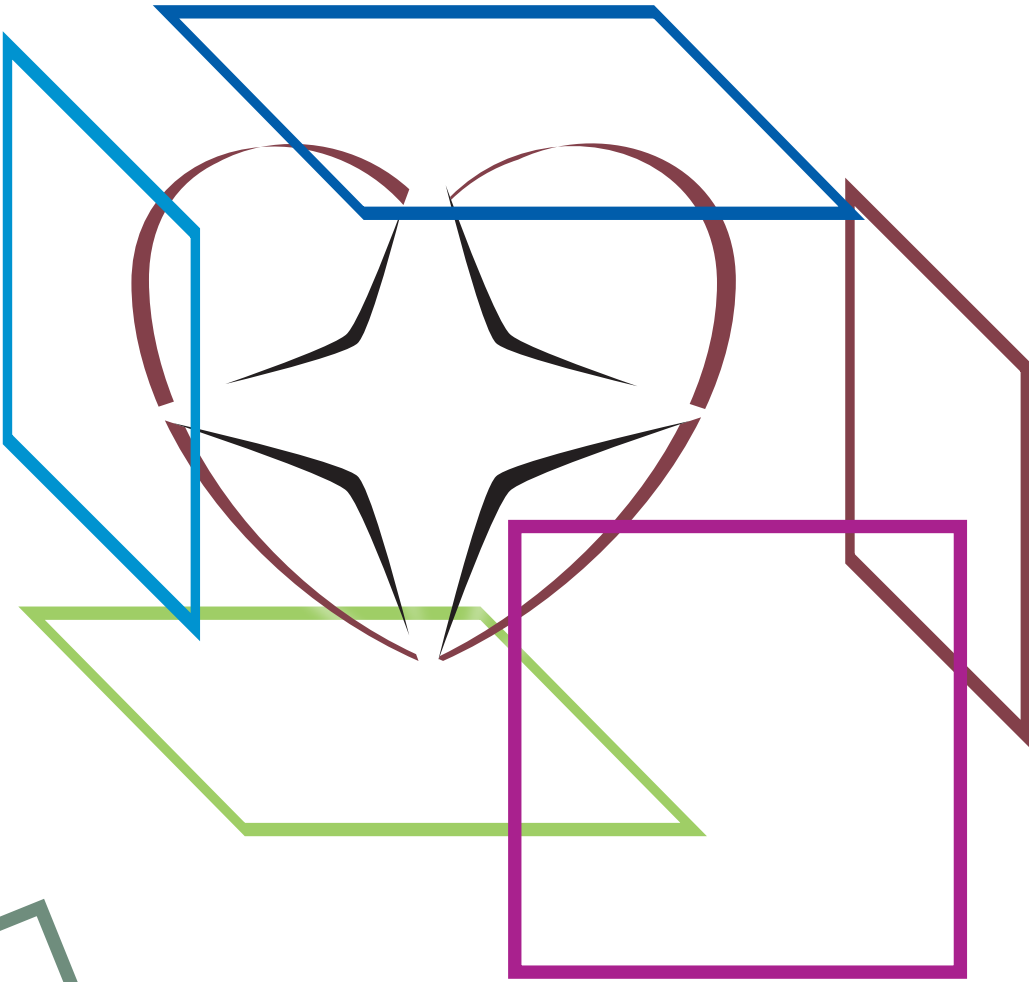



# Annual Report 2007



Continuum of Care

Algonac Outpatient 555 St. Clair River Dr. Algonac, MI 48001 P: 810.794.4982 F: 810.794.7592	BASIS 515 Adams St. Bay City, MI 48708 P: 810.987.1258 F: 810.987.3505	Clearview 1406 8th St. Port Huron, MI 48060 P: 810.987.1258 F: 810.987.3505	Detroit Outpatient 5575 Conner Rd. Detroit, MI 48213 P: 313.579.0430 F: 313.579.0601	Flint Outpatient 2091 Professional Dr. Suite 1-1 Flint, MI 48532 P: 810.732.1652 F: 810.732.1735	Memphis Residential Corporate Hq. 400 Stoddard Rd. Memphis, MI 48041 P: 810.392.2167 F: 810.392.2057	New Haven Outpatient 58144 Gratiot P.O. Box 480430 New Haven, MI 48048 P: 586.749.5173 F: 586.749.6724	New Life Home 17131 Gline Detroit, MI 48205 P: 313.245.4357 F: 313.371.6139	Warren Outpatient 8150 E. Old 13 Mile Rd. Suite 100 Warren, MI 48093 P: 586.558.7472 F: 586.558.8802
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# Sacred Heart

## Rehabilitation Center

*Because there is so much you have to do...*

1•888•802•7472 Toll Free • [www.sacredheartcenter.com](http://www.sacredheartcenter.com)

Federal, State and/or Local funding has been provided through Local and Regional Coordinating, Community Mental Health and P/HHP Agencies to support project costs and services.  
Printed in house by Sacred Heart Rehabilitation Center, Inc.



DEAR FRIENDS OF SACRED HEART:

On behalf of the Board of Directors, our outstanding Staff and all of the Friends of Sacred Heart Rehabilitation Center, I am pleased to provide you with the Fiscal Year 2006-2007 Annual Report. This year’s report will show the continued growth and development of Sacred Heart, despite the very challenging Michigan economy.

Having completed the arrangement of an \$8.2 million financing package using tax-exempt bonds, FY 2007 saw Sacred Heart embark on a major, three-phase building project at our Memphis campus. The first phase of the project was initiated in June and will result in a thorough renovation of the main residential and detoxification center. The second phase will be the addition of a new admissions wing to improve our ability to serve individuals

entering our detoxification, residential and outpatient programs there. The third phase will see the construction of a new, improved home for our Clearview program on our Memphis campus; this move will greatly enhance our ability to support that program clinically and administratively.

Unfortunately, in attempting to improve our ability to serve, Sacred Heart bumped headlong into the stigma which the clients we serve experience everyday. The Richmond Township Planning Commission rejected our application for the necessary building permits for the second and third phases of the project. In response the Board of Directors has initiated legal action in an attempt

2007 BOARD MEMBERS

- Richard Rowan - Board Chair
- Sheryl Laughren - First Vice Chair
- Mike Burwell - Second Vice Chair
- Jessica Lanave - Secretary, Treasurer
- Robert D. Steele, M.D - Past Board Chair
- Brian R. Balow - Board Member
- George M. Bourgon, Jr. - Board Member
- Richard A. Brodie - Board Member
- Dennis Currier - Board Member
- Raymond S. Guidos - Board Member
- Clinton S. Hirst, PhD - Board Member
- Robert Kipp - Board Member
- Adam T. Parsons, D.D.S - Board Member
- Stephen Selander - Board Member

Sacred Heart, its Management and its Staff throughout the past year. We are constantly striving to improve and expand the quality, scope, and impact of the services which we provide to the Community. It is our hope that you will continue to support our efforts in this undertaking.

Sincerely, Richard P. Rowan Chair, Board of Directors

to obtain the authority to proceed. While we are confident we will prevail, these proceedings will take time. This report is presented with our deep appreciation for the support you have provided

DEAR FRIENDS OF SACRED HEART:

Fiscal Year 2006-07 was an eventful, exciting and challenging year for Sacred Heart.

Michigan’s economic climate continued to deteriorate throughout the year. The sagging State economy is a double-edged sword for its residents: more people need the services of Sacred Heart but fewer of them can afford to pay for them. The pressures on our Charitable Care Fund and the importance of the availability of that fund grow greater as times get tougher.

However, at the same time we invested in more charitable service, we also continued to invest in enhancing the quality and impact of our services. The renovation of our Memphis site – phase one of the larger facilities improvement project – got underway in last summer. Working within the constraints of the Board’s commitment to not interrupt services during construction, the project made great progress. We look forward to completing phases two and three soon because it is critical to offer our clients a positive physical environment



Grady Wilkinson, MSW President, CEO

that speaks to our respect for them and is conducive to a singular focus on recovery. The completion of the project also brings greater operating efficiencies enabling us to further the

FINANCIALS

Sacred Heart receives 80% of its funding from Federal and State Programs, the remainder of the funding is derived from insurance companies, self-pay clients and a charitable care fund set up by Sacred Heart. The government funding is comprised of contracts with 21 state and federal funding sources.

	FY 2004-2005	FY 2005-2006	FY 2006-2007
Government Contracts	5,571,480	7,412,773	7,665,420
Privately Insured & Self Pay	1,747,776	1,774,687	1,715,756
Contributions & Grants	37,714	64,445	143,870
Total	7,356,970	9,251,905	9,525,046
Salaries & Wages	4,281,306	5,188,088	5,392,065
Fringe Benefits	877,696	1,003,559	1,071,905
Administrative	401,498	414,082	456,577
Services	980,188	1,303,615	1,432,633
Maintenance	161,918	243,051	230,550
Kitchen	273,909	310,745	323,818
Housekeeping & Transportation	92,755	104,889	103,881
Bad Debt	64,889	103,513	69,101
Interest	90,954	104,674	89,325
Depreciation	158,528	172,199	163,765
Total	7,383,641	8,948,415	9,333,620

impact of each dollar we spend. By the end of the year we had completed the due diligence associated with the acquisition of New Life Home for Recovering Women, in Detroit. This specialty women’s residential service provider become part of the Sacred Heart Family on December 1. We are excited about the potential synergies of blending the services of Sacred Heart with those of New Life. We are also excited about becoming the largest provider of specialty women’s services in the state. Sacred Heart is now in its fourth decade of serving those with the greatest needs and the fewest resources. Our mission of charitable service always has been our distinguishing characteristic. It motivates the Board

of Directors and Staff of Sacred Heart to continually challenge our corporation to do more in these difficult times. Backing up that commitment, our Charitable Care Scholarships grew to a total of \$88,095 providing quality care to scores of people who would not otherwise been served. Thanks to all of the friends of Sacred Heart. With your continued help and financial support, we will continue to carry out our mission of service.

Sincerely, Grady L. Wilkinson, MSW President, CEO

OUR MISSION

Our rich legacy of charitable service as reflected in our mission statement:

Sacred Heart Rehabilitation Center is dedicated to assisting all people with behavioral health issues, including those with limited means, to improve their quality of life.

We are rooted in a far reaching vision that calls upon the organization to reach for a higher standard of service excellence in pursuit of that mission:

Sacred Heart Rehabilitation Center will provide the best outcome driven, evidence based, cost effective behavioral health care in North America.

As we pursue that vision, we remain committed to the following core values:

- Integrity: We adhere to the highest standards of ethical and professional conduct.
- Accountability: We accept and uphold our full responsibility to our clients, community, staff and organization.
- Customer Service: We will relentlessly focus on identifying and serving the needs of our customers.
- Diversity: We will honor, nurture and respond to the differences inherent in a multicultural society.

CLIENT TESTIMONIALS

“Things I liked best about the provider - the amount of information provided on addiction, how to heal and the hope of a better life by being in recovery. The availability of all the staff, the willingness they give to share experience, strength and hope to those who reach out is absolutely amazing. It is very obvious to me that all the staff work from their heart and want to give help all they can. Thank you all for the hope you have given me.” “Sacred Heart exceeded my highest expectations. I feel blessed to have been able to come here for treatment.” “I am so grateful that I have been given a second chance at life. This opportunity is not just for me but also for the quality of time I now get to spend with my kids.” “I realized I was in the right place immediately after coming to Sacred Heart. I was ready to surrender. Maybe it was because this place is on sacred ground, I could feel it in my heart. I was ready this time.”



Dr. Oscar Abbott  
Andrew and Diane Anderson  
Patricia Arklauskas  
Robert Bickett  
Mr. and Mrs. David Bigwood  
Margaret Breen  
Richard and Paulette Bremer  
Mr. and Mrs. Hugh Brennan  
Richard Brodie  
Richard and Louise Chasey  
Herman Clark  
Jeff Clement  
Charles Clouse  
Colonial Woods Missionary Church  
Paul and Elaine Crowley  
Richard and Lucy Dakesian  
Richard Dargan  
Suzanne Darland  
J. McGregor Dodds  
Dr.'s Michael and Leslie Emmert-Buck  
Dr. Edmond Fitzgerald, Jr  
James Flanagan  
John and Barbara Fountain  
Stephen and Irene Gnat  
William Hessler  
Dr. Clinton and J.M. Hirst  
Robert and Carol Hollway  
Dan and Rose Holman  
Richard and Bozena Katnik  
George and Carolyn Killeen  
Michael Kinney  
Eugene and Jacqueline Krajenka  
Christopher Laquerre  
August and Catherine Larson  
E.J. Lavigne  
Elmore and Christine Leonard  
Dr. Charles Lucas  
Earle D. Lyon  
Zoe Malafouris  
Lawrence and Carol Marantette  
Kirk Martin  
Michael and Elizabeth Maul  
Paul Mazur  
Rocky Meldrum  
Memphis Lions Club  
Martha Mettee  
Dr. Thomas and Eleanor Moore  
Robert and Jane Murray  
Otto Nagl  
Bruce Nichols  
Roger and Jeanne Oberg  
Donald and Betty Paquette  
Paul Pushka  
Mr. and Mrs. Robert Rawlings Sr.  
Ross Riddell  
Laura Sapien  
John and Joan Sass  
Bishop Walter Schoenherr

Gerald Showiak  
Frank Stella  
Byron Tserice  
Barbara Twork  
Patrick and Ellen Uhlmeier  
Paul Vibbert  
Richard Wagner  
Kenneth and Susan Wilhelm  
Michael and Marie Zeller  
David and Barbara Ziegbein  
A.H. Zimmerman III  
George and Mary Zimmerman

IN MEMORY OF NORBERT  
GRAGOWSKI  
Joseph Vansach

HONORING DR. OSCAR ABBOTT'S  
DOCTORAL DEGREE  
Patricia Gloush

IN MEMORY OF DENNIS THOEL  
 Al and Lori Shapiro  
 Benjamin and Karen Allison  
 Walter and Janet Vore  
 Dennis and Sandra McMullen

IN MEMORY OF ROBERT D. ROWAN  
Ruth Ann Rowan  
Frank and Mary Coyer

IN HONOR OF BILL P. TROMBLEY  
Rita Trombley

CHARITY REMAINDER TRUST  
CONTRIBUTION  
Dr. Robert and Marlene Steele

IN HONOR OF STEVEN AND DAN  
SEYMOUR  
Charles and Marianne Seymour

IN MEMORY OF JERRY VALLADE  
Dolores Vallade

Dr. Joyce Hartsfield  
Gabrielle Hill-Randall  
Jeanette Holz  
Tammy Murray  
Donna Myer  
Paula Nelson  
Charlene Stier  
Grady Wilkinson and Joan Holmstrom

*We apologize for any misspellings or any omissions, contributions reflect from October 2006 until September 2007.*



Dear Sacred Heart,

When I first came to Sacred Heart I was so scared. I felt I didn't belong with the other people that were here.

I didn't have a bad childhood and my parents and siblings did not drink. I started drinking socially and as tragedies happened over a four year span in my life, I began to drink everyday to numb myself.

As I started to listen to other client's stories, they were just as bad if not worse than my own. I also saw that each one of us were good people and we just all were caught up in drugs and alcohol.

At Sacred Heart I had a great therapist and a good group to talk to everyday. I learned a lot in my classes and the speakers were great. I will continue to come to the AA meetings and Recharge Sunday at Sacred Heart. It will be hard for me but I am going to give it my best to stay sober.

Jaclyn B.

You all need to pat your  
selves on the back. You  
were all a great support and  
very helpful, hard workers.  
I thank you so much for  
helping me realize life is  
worth living. I love life and  
I enjoy every clear day God  
gives me.

I am so much better in many ways; my family and kids look at me so much better. Thank you all and God Bless. Keep your heads up high; many more people are counting on you to touch their hearts like you did mine.

Thank you so much.

Lisa S.

## The Staff at Sacred Heart,

As I sit here, knowing I go home tomorrow, I am ready. Although I fight addiction every minute, every hour of everyday, I have strength and knowledge to walk out those doors with my head held high.

Knowing I have a “choice” to never use again. This experience at Sacred Heart will be inside my soul for a lifetime. God is in all things, especially here. I found that my mistakes in life have showed me a clearer resolution and my losses have bulldozed a path to untapped courage.

God save me because I  
believed. His grace  
is mine without  
asking for it,  
his grace has  
no limits.  
So this is  
what I found  
here at Sacred  
Heart, my higher  
power. I was special  
all along but didn't  
believe it. With the help  
of the wonderful staff, they  
helped me find my way,  
the Right Road, if you will.  
I was truly blessed by all  
of you. Your compassion,  
understanding and caring  
will never be forgotten.  
There is something about  
the loss of leaving that  
will help me find a way to  
survive outside the context  
of my pain. For this, I am  
truly grateful.

Michealanne K.

If you change the things  
you look at, the things you  
look at will change.  
Thanks for saving my life as  
well as restoring my sanity.

Scott M.

I write this letter to submit the wonderful things that happen at Sacred Heart. I came to this place hoping for restoration and got more than that. I found my inner-self and the insanity ceased. I am grateful to have found my new way of living. I have change my attitude. The staff are so professional.

Thank you to my higher power for directing me to a place where I found serenity as well as self. I surrender totally and have a new way of life. Thank you to all the staff and the groups that helped me.

James B.

“NOW MY KIDS TRUST ME—I CAN LEAVE THE HOUSE AND THEY KNOW I’M GOING TO RETURN.” □ “The program at Sacred Heart is second to none. It deals with all aspects of addiction. The staff is great. They’ve been where I’m at, which is exactly what I needed.” □ “I am very grateful for this opportunity to change my lifestyle. This program was very positive and spiritual. I felt at peace while I was here.” □ “The staff here at Sacred Heart are very good people and are caring about others in their time of need.” □ “The thing I liked best was that Clearview catered to women and women with children.” □ “I am very pleased with my aftercare and very thankful.” □ “The staff at Sacred Heart went to great lengths to get me into treatment as soon as they could.” □ “The best treatment received after 15 years of addiction.”



PHILOSOPHY OF CARE ■

Sacred Heart offers a broad continuum of top quality, evidence-based services to treat behavioral health disorders, provided in a variety of settings. We believe that each of our clients, regardless of financial status, should have the right care, at the right time and in the right setting.

At Sacred Heart we believe that addiction to drugs and/or alcohol is a progressive disease that affects not only the addicted individual but those with whom he or she interacts, particularly friends and family. We believe addictions to be treatable through a comprehensive course of professional therapy, education and support individually tailored to the needs of each client served and his or her family.

All of our services blend professional therapeutic techniques with the principles and practices of the 12 Step self-help movement. ■



MEDICATION-ASSISTED RECOVERY PROGRAMS who wish to maintain their medication regiment while seeking treatment for other addictions. We also offer Medication Assisted

SUPPORTIVE HOUSING for women who have completed that treatment. Sacred Heart is now the largest women's specialty services provider in Michigan.

Sacred Heart operates seven **outpatient and intensive outpatient service** sites in southeastern Michigan. These services may offer a course of treatment as an alternative to residential care or continuing treatment for individuals who have completed residential care. Our Algonac office offers mental health and substance abuse outpatient services for adults and adolescents. Our office in Bay City, BASIS offers outpatient and intensive outpatient addiction treatment services for adults

and adolescents, substance abuse **prevention services** and **HIV/AIDS care services**. Our Detroit office offers outpatient and intensive outpatient services for adults. Our Flint office

RESIDENTIAL ADMISSIONS CLEARVIEW, WOMEN'S SPECIALTY

	FY 2004-2005	FY 2005-2006	FY 2006-2007
Under 18	1	0	0
18-21	28	15	14
22-28	77	156	54
29-35	82	42	59
36-42	89	55	19
43-49	39	29	0
50-56	9	6	191
57 and Over	1	0	8
TOTAL	326	303	345
Pregnant Women	48	40	42
Children	82	97	80

408\* 400\* 425\*

\* These figures are the combined total number of women and children admitted.

Treatment as an outpatient service at this location.

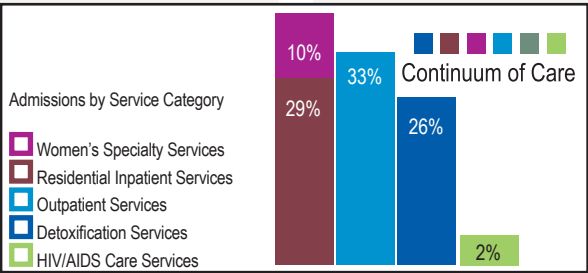
At our Clearview program, in Port Huron we offer **women's specialty services** for women needing to bring their children with them into treatment. Our NEWEST program, New Life Home for Recovering Women, we offer women's residential services. Both facilities

can accommodate women who have other compelling reasons for needing gender-specific programming. We have approximately 29 residential beds in Clearview, depending on the number of children brought with the women and 35 at New Life. One of the unique features of Sacred Heart's women specialty service is our ability to provide services for pregnant women who are addicted to opiates and, therefore, need to be maintained on methadone throughout the pregnancy; Medication Assisted Treatment for these women occurs at our Memphis facility while a

comprehensive course of treatment is provided at Clearview and New Life. Clearview also offers 17 supervised INDEPENDENT LIVING APARTMENT UNITS tied to continued outpatient/intensive outpatient services. New life offers 15 additional beds in two additional homes nearby for

OUR SERVICES ■

At our main campus in Memphis, Michigan, we offer a variety of **detoxification** and **residential inpatient services**. Sacred Heart operates a 24 bed physician-directed sub-acute detoxification unit with nursing and laboratory support. In this program we can provide specialized opiate detoxification services (including methadone detoxification), using protocols incorporating the use of methadone or buprenorphine (in the formulation of Suboxone), where appropriate. The Memphis location also offers two levels of residential treatment in a 112-bed facility, with 42 beds for women and 70 beds for men. Our Memphis detoxification and residential treatment services can also serve individuals in



RESIDENTIAL ADMISSIONS MEMPHIS							
	FY 2004-2005		FY 2005-2006		FY 2006-2007		
	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	
Under 18	0	6	2	5	1	1	
18-21	140	83	205	124	227	172	
22-28	389	248	408	242	429	254	
29-35	326	230	362	232	353	227	
36-42	371	178	374	232	369	227	
43-49	415	259	376	231	371	231	
50-56	186	120	231	134	227	159	
57 and Over	54	33	67	32	58	32	
TOTAL	1881	1157	2030	1232	2035	1303	
	3038		3262		3374		

offers outpatient, intensive outpatient and day treatment services for adults and adolescents. Our New Haven office offers mental health and substance abuse outpatient services for adults and adolescents. The Port Huron, Clearview office provides outpatient and intensive outpatient services for adult women. Our Warren office offers outpatient and intensive outpatient services for adults and adolescents. ■

2007 AIDS WALK

Since its first year in 2005, AIDS Walk BAY CITY ■ MIDLAND ■ SAGINAW has raised over \$100,000 which benefits the clients of the HIV/AIDS Care Program at Sacred Heart BASIS. Last year, over 400 people attended the event and raised just over \$38,000. The dollars raised support the care program which provides case management, prescription and dental assistance, housing assistance, food pantry, monthly client education workshops, client emergency fund, community HIV prevention education and testing, and care outreach. All of these services are free and confidential.

AIDS WALK		
BAY CITY	MIDLAND	SAGINAW
		DOLLAR AMOUNT
YEAR	WALKERS	RAISED
2007	307	38,075
2006	283	35,173
2005	272	26,850

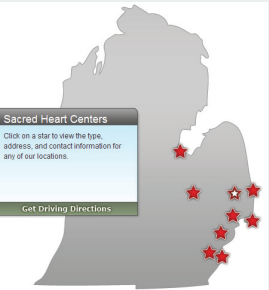
CHARITABLE CARE TREATMENT FUND SPENDING BY YEAR	
FISCAL YEAR	DOLLAR AMOUNT
2006-2007	88,095
2005-2006	66,125

CHARITABLE CARE TREATMENTS

Sacred Heart Charitable Care Treatment Fund, provides individuals with the means to seek treatment regardless if they unable to qualify for county funding, are uninsured or are unable to pay themselves. Sacred Heart provided over 40 Charitable Care Treatment Scholarships in FY 2006-2007. We were able to award 25% more than previous fiscal year.

EXPANDING SERVICES

Sacred Heart expanded outpatient services by opening two new locations in Algonac and New Haven, Michigan. Both location care for adults as well as adolescents. We have also acquired New Life Home for Recovering Women. This program is now part of Sacred Heart existing women's specialty program, Clearview. Sacred Heart is now the largest provider of women's specialty services in Michigan. Between our two different women's specialty programs we can provide 64 residential beds, 17 independent living apartments and two supportive housing units.



WEBSITE RENOVATION PROJECT

Sacred Heart has begun to renovate the organization's website. Completion is expected in 2008. It is promised to be innovative and a great recovery resource. You will be able to access our print publications, such as this Annual Report, Client Information booklet, Information for Friends and Family booklet, Heart Beat quarterly newsletter, drug use disorder FAQ'S, links to other substance abuse and mental health supportive services agencies, Sacred Heart community events and information on our other Continuum of Care services. Within moments of viewing this website it is should be clear that our dedication to provide you information mirrors our commitment to care. Visit [www.sacredheartcenter.com](http://www.sacredheartcenter.com)

- 2007 ■ Committed to major building renovation and expansion project.
- 2007 ■ Opened a site in Algonac and a site in New Haven, Michigan.
- 2007 ■ Celebrated our 40th anniversary. We currently operate nine facilities throughout Southeast, Michigan.
- 2007 ■ Sacred Heart Rehabilitation Center Inc., acquired New Life Home in Detroit, Michigan.
- 2006 ■ Acquired Bay Area Social Intervention Services, Inc. (BASIS), in Bay City.
- 2005 ■ Started an inpatient and outpatient Medication Assisted Treatment program which includes pregnant women.
- 2004 ■ Expanded Clearview by adding outpatient services.
- 2004 ■ Opened a site in Flint, Michigan providing outpatient services.
- 2003 ■ Acquired Clearview, a specialty women's and children's residential service located in Port Huron, Michigan.
- 1997 ■ Added an outpatient office in Southgate.
- 1997 ■ Sold Detroit residential property to make way for Ford Field and moved our headquarters to the Richmond site.
- 1996 ■ Opened an outpatient office in Warren.
- 1986 ■ Began providing outpatient services by opening an office in Detroit.
- 1981 ■ Achieved national accreditation.
- 1980 ■ Began treating additional addictions other than alcohol.
- 1976 ■ Acquired residential facility in Richmond, Michigan and began providing services to women as well as men.
- 1972 ■ Added medical detoxification services.
- 1967 ■ Founded in Detroit, Michigan.